



A to Z's of ADHD BIENNIAL CONFERENCE

Wednesday, October 9, 2019
8 a.m.-5 p.m.

Registration starts at 7:30 a.m.

Loma Linda University
Centennial Complex



LOMA LINDA UNIVERSITY
BEHAVIORAL MEDICINE CENTER

A TO Z'S OF ADHD BIENNIAL CONFERENCE at Loma Linda University Health

7:30-8 a.m.	Registration and Breakfast	
8-8:15 a.m.	Welcome	Glenn Scott, LCSW
8:15-9 a.m.	History and Differential of ADHD	Ara Anspikian, MD
9-10 a.m.	Evidence-based Treatments	Alex Moreland, LPCC
10-10:15 a.m.	Break	
10:15-11:15 a.m.	Neurobiology and Medications	Ara Anspikian, MD
11:15 a.m.-12 p.m.	Nutrition	Patricia A. Ford, DrPH, MPH, RD
12-12:45 p.m.	Lunch	
12:45-1:30 p.m.	Psychological Testing and Assessment	Jennifer Weniger, PhD
1:30-2:15 p.m.	Parent Management Training	Jacylyn Jones, LMFT
2:15-3 p.m.	Communication and ADHD	Karen J. Mainess, PhD, CCC-SLP, and Aieshea Banks, MS, CCC-SLP
3-3:15 p.m.	Break	
3:15-4 p.m.	School Based Accommodations	Marilyn Plata, MA
4-4:45 p.m.	Psychosocial Interventions	Alex Moreland, LPCC
4:45-5 p.m.	Closing	Ara Anspikian, MD, and Glenn Scott, LCSW

Program Chair

Ara Anspikian, MD

Medical Director, Youth Partial Hospitalization Program
Loma Linda University
Behavioral Medicine Center

Planning Committee

Ara Anspikian, MD
Glenn Scott, LCSW
Jacylyn Jones, LMFT

Alex Moreland, LPCC
Marilyn Plata, MA

Presenters

Ara Anspikian, MD

Medical Director, Youth Partial Hospitalization Program
Loma Linda University
Behavioral Medicine Center

Patricia A. Ford, DrPH, MPH, RD

Dietician, Adult Partial Hospital Program
Loma Linda University
Behavioral Medicine Center

Alex Moreland, LPCC

Clinical Therapist, Youth Partial Hospitalization Program
Loma Linda University
Behavioral Medicine Center

Jennifer Weniger, PhD

Coordinator of Clinical Training
Loma Linda University
Behavioral Medicine Center

Jacylyn Jones, LMFT

Clinical Therapist, Youth Partial Hospitalization Program
Loma Linda University
Behavioral Medicine Center

Karen J. Mainess, PhD, CCC-SLP

Graduate Program Director,
Department of Communication
Sciences and Disorders
Loma Linda University
School of Allied Health Professions

Marilyn Plata, MA

Teacher, Youth Partial Hospitalization Program
Loma Linda University
Behavioral Medicine Center

Aieshea Banks, MS, CCC-SLP

Assistant Professor, SLPA Coordinator,
Department of Communication
Sciences and Disorders
Loma Linda University
School of Allied Health Professions

Course Description

The course will examine the epidemiology, diagnosis, assessment and best practice modalities for ADHD. It will encompass a strength-based overview of the numerous domains of life that are often impacted by ADHD.

Overall Objectives

1. Describe the neurobiological foundations of ADHD.
2. Gain an understanding of the history and differential diagnosis of ADHD.
3. Increase knowledge of evidence-based treatments and assessments.
4. Introduce skills and psychosocial interventions to manage symptoms of ADHD and disruptive behaviors.
5. Review the relationship between diet and mental health.
6. Obtain an understanding of the intersection of education and ADHD.
7. Discuss ADHD and its impact on communication.

Accreditation Statement

The Loma Linda University School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Loma Linda University School of Medicine designates this Live Activity for a maximum of **7.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure Statement

This program has been planned and implemented in accordance with ACCME essentials and standards. The Loma Linda University School of Medicine Office of Continuing Medical Education relies on its CME faculty to provide program content that is free of commercial bias. Therefore, in accordance with ACCME standards, any faculty and/or provider industry relationships will be disclosed and resolved.

CE Credits

Receive 7.0 CE Credit Hours

Loma Linda University Medical Center Staff Development is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's (ANCC) Commission on Accreditation and this program meets the qualifications for seven hours continuing education credit by the ANCC.

Loma Linda University Medical Center Staff Development is a provider approved by the California Board of Registered Nursing, provider number 00239, this program is approved for seven contact hours.

This course meets the qualifications for seven hours of continuing professional development credit for Speech-Language Pathologists as required by the California Speech-Language Pathology and Audiology Board, provider #PDP42.

Loma Linda University Medical Center Staff Development is approved by the American Psychological Association to sponsor continuing education for psychologists. Loma Linda University Medical Center Staff Development maintains responsibility for this program and its contents. This event meets the qualifications for seven hours of continuing education credit for psychologists as required by the American Psychological Association.

Course Fees

If paying via check, please make check payable to
Loma Linda University Medical Center.

- ▶ \$169 - Include course materials, CE certificates and food.

Registration

Register online at ce.llu.edu. Select "calendar" and "October 9".

Cancellation Policy

No refunds if canceled after Wednesday, October 2, 2019, or for "no shows". In the event of cancellation before Wednesday, October 2, 2019, a full refund will be given.

Information

For more information, call **909-558-9113** or **909-558-9375**.

Event Location

**Loma Linda University Centennial Complex, Fourth Floor
Conference Room, 24760 Stewart Street, Loma Linda, CA 92354**

Parking

Parking is free and is available in the Shephardson lot at the corner of Shephardson Drive and Benton Street in Loma Linda; please refer to the map below. Guests are not permitted to park in the parking lot in front of Centennial Complex. Free shuttle service from the Shephardson lot will be available to transfer guests to and from Centennial Complex from 7-9 a.m., and from 4-6 p.m.



If you require special arrangements at this conference, call staff development at 909-558-3500.

