



**Region 10 Coordinating Council Presents the following training.....**

## **Trauma-Informed Care: Mental Health for Infants through Preschoolers**

**Presented by Dr. Ronald J. Powell**

This presentation focuses on the neurobiology that underlies the development of the emotional regulatory centers of the brain and provides practical strategies for building trust, safety and a sense of belonging. Using the most recent research from neuroscience, the presentation will explain how early life trauma and stress affect attachment and how caring relationships with loving and supportive adults can foster security and create the conditions in which learning and behavioral self-regulation can occur.

**Date:** Wednesday, November 13, 2019

**Time:** 9:00 a.m. to 3:00 p.m.  
Registration time: 8:30 a.m. to 9:00 a.m.

**Location:** Jessie Turner Health and Fitness Community Center, 15556 Summit Avenue, Fontana, CA 92335

**Fee:** \$50.00 includes materials, continental breakfast and lunch

**Audience:** Counselors, School Psychologists, Program Specialists, Special Education Teachers and Special Education Administrators

**Outcomes:**

Participants will be able to:

1. Explain how emotions impact behaviors.
2. Describe the three brain states and how they impact behavior choices.
3. Describe the four building blocks of close relationships.
4. Describe strategies that allow children to recognize their big feelings.
5. Identify tools to assist children in self-regulation.

**Questions:** Angie Lopez, RCSELPA 951-490-0375/ [angie@rcselpa.org](mailto:angie@rcselpa.org)

**Registration Deadline: November 6, 2019**  
**Registration must be submitted on-line at: [Registration Link](#)**  
**Follow OMS online registration instructions.**

**Payments:** Please mail your payment along with a copy of your pending registration to: Angie Lopez, RC SELPA-Val Verde USD; 2935 Indian Ave. Perris, CA 92571. Payment must be received by November 6, 2019. Checks should be made payable to Val Verde Unified School District-SELPA.

***Refunds will not be provided for no shows or cancellations after November 6, 2019***

Refunds cannot be provided for "no shows" or cancellations made after the registration deadline. If you are unable to attend the workshop, please find someone to attend in your place and contact SELPA office via phone or email with the name of the person taking your place. Should an emergency arise, please contact SELPA office via phone at 951-490-0375.

Individuals who require special accommodations for disabilities are asked to contact the SELPA office at (951) 490-0375 at least fifteen (15) working days prior to workshop.