



**Region 10 Coordinating Council Presents the following training.....**

## **Keeping the Day Sane: Mental Health 101 for Paraeducators**

**Presented by Tim Halphide, M.A., L.M.F.T., School Psychologist  
And Licensed Marriage and Family Therapist**  
Diagnostic Center, Southern California

**Date:** Thursday, January 24, 2019  
**Time:** 8:30 a.m. to 12:45 p.m. Registration time: 8:00 a.m. to 8:30 a.m.  
**Location:** Riverside County SELPA, 2935 Indian Ave, Perris, CA 92571  
**Fee:** \$25.00 includes materials  
**Questions:** Maria Gonzalez, RCSELPA Secretary II, 951-490-0375/ [maria@rcselpa.org](mailto:maria@rcselpa.org)

Are your paraeducators prepared with little more than good intentions to handle the challenges of children identified with emotional-behavioral disorders? Are you noticing a lot of turn around, injury and stress? Many adults inadvertently handle behavioral scenarios with tactics that actually escalate student emotions rather than improve them, resulting in a decrease in student readiness for participation and learning. This training will equip your staff with basic knowledge and easy-to-learn strategies that can help them be more successful, and keep students safe and ready to learn. Let's get everyone on the same page!

### **Outcomes:**

Participants will:

1. Learn the basics of most frequently encountered mental health profiles.
2. Learn how to side-step emotional triggers.
3. Learn basic learning supports and strategies to help develop student readiness and active participation.
4. Learn how to collect proper data to support teachers, behaviorists, counselors, and school psychologists.
5. Learn proactive strategies for reducing emotional responses from students.

**Audience:** Paraeducators, special education teachers, administrators, school psychologists, ERMHs staff, and other IEP team members who support these students are strongly advised to attend.

**Registration Deadline: January 17, 2019**  
**Registration must be submitted on-line at: [Registration Link](#)**  
**Follow OMS online registration instructions.**

**Payments:** Please mail your payment along with a copy of your pending registration to: Angie Lopez, RC SELPA-Val Verde USD; 2935 Indian Ave. Perris, CA 92571. Payment must be received by January 17, 2019. Checks should be made payable to Val Verde Unified School District-SELPA.

*Refunds will not be provided for no shows or cancellations after January 17, 2019*

Individuals who require special accommodations for disabilities are asked to contact Maria Gonzalez at (951) 490-0375 at least fifteen (15) working days prior to workshop.

Participating Agencies: Corona/Norco Unified \* Desert/Mountain SELPA \* East Valley SELPA \* Fontana Unified \* Inyo County SELPA \* Mono County SELPA \* Morongo Unified \* Moreno Valley Unified \* Riverside County SELPA \* Riverside Unified \* San Bernardino City Unified \* West End SELPA \* California School for the Deaf, Riverside \* California State Polytechnic University, Pomona \* California State University, San Bernardino \* University of California, Riverside